Red Lion

Lower Withington

Gluten Free Menu

Bar Snacks

Homemade Pork Scratchings £4.95

Crispy chicken wings with hot sauce 6 £6.95, 12 £12 or 24 for £22

Mixed marinated olives £4.95

Starters

Soup of the day, served with plain crisps £5.95

Salt & pepper squid, aioli and lime £6.45

Crispy chicken wings tossed in hot sauce £6.95

Mains

Wild mushrooms & spinach risotto £13.50

Sweet potato, spinach & coconut curry with rice £14.95, add chicken £4 extra

Battered Fish & Chips, pea puree, tartare sauce & lemon £10.75

8oz Gammon Steak, fried egg, tomato, chips & peas £14.95

Sirloin steak, roasted vine cherry tomatoes, salad, chips & peppercorn £27.95

Desserts

Selection of Ice-creams £4.95 Cbeesecake £6.95

FOOD ALLERGIES AND INTOLERANCES. Before ordering drinks or food, please speak with a member of our staff about your requirements. whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-ingredient kitchen environment. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidently come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills, etc.,) and food preparation areas may be shared and fried items containing different allergens may be in the same frying oil Some fish may contain small bones. All weights stated are approximate prior to cooking.

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